



## Manager assistance program: conference guide.

### **1. Disconnection: teamwork and shared responsibility.**

The right to disconnect legislation is the result of the realization that organizations, leaders and employees have a shared responsibility to develop a working model that allows each individual to take time away from work, especially in a new world where the lines between work and home are often blurred. It also pushes companies to recognize that, sometimes, a culture change is needed to strengthen the existing work environment.

The session focuses on examples, methods, tools, and best practices that are already in place in some organizations to support this right to disconnect for all of its employees, including choosing the best messaging and email technologies settings.

We will also discuss the role that people leaders have to play in implementing new guidelines: this cultural shift must start with training managers and leaders to set their own boundaries and encourage others to do the same.

What else can we do today to help strike a healthy balance in our workplaces and translate this bill into action in a safe and positive way?

### **2. How technology in healthcare can open the door to human connections.**

From the Internet of things (IoT) to virtual care, home health monitoring, artificial intelligence and avatar therapists, technology has the capability to revolutionize how we approach healthcare - and, in many ways, already has. Used effectively and as part of a holistic approach to care, these advancements can help shift the conversation from “what is the matter with you” to “what matters to you.”

Join us for a fascinating panel discussion on new and evolving technologies: together, we’ll explore how access to the right data can enable care teams to focus on each individual’s wellness needs with personalized and human approach.

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