

TELUS Health Virtual Care: Client update.



As part of our ongoing support around your Virtual Care services, we are happy to share with you some industry insights, information about our new service offerings, and materials we've developed to encourage member activation and engagement.

Keeping up with industry trends.

A topic gaining visibility in today's workplaces is the connection between the health of an organization and the health of its workforce. We're pleased to share our recent article, [Wellness at work: How nutrition can help boost productivity](#), featuring registered dietitian Tanya Choy, which explores virtual nutritional counseling and how dietitians can positively impact health and wellbeing.

Product and service updates.

We recently shared with you the launch of TELUS Health Wellbeing, a health technology platform designed to help employees embrace wellbeing and improve their overall health. [Click here to view our recent webinar](#) and learn more about how Wellbeing can empower your employees and their families to take control of their wellbeing journey.

Engagement and activation support materials.

We are continually developing new materials to support your activation and engagement efforts. These materials are available in multiple formats covering a variety of topics, so you can choose to share the tools that will resonate best with your members.



End user newsletters

The monthly newsletter is sent directly to most activated members, but you can also download and share the PDF version with all your eligible members to encourage account activation.

January: Preventative healthcare - building healthy habits. [Download](#)

February: Community month - taking a community approach to health. [Download](#)



One-pagers

These one-pagers cover a range of seasonally relevant and educational topics to encourage activation and engagement, and can be shared with all eligible members.

User story - highlights a real-life example of a member's positive experience using Virtual Care to help manage her son's chronic illness. [Download](#)

Mental health is a family affair - outlines mental health considerations for the whole family and the support available through Virtual Care. [Download](#)

Capture the joy of spring - discusses how Virtual Care can support seasonal allergies, a common health-related issue this time of year. [Download](#)

We look forward to answering any questions you might have. Please feel free to get in touch with your Virtual Care customer experience representative, or email clients@vc.telushealth.com

Wishing you a healthy spring,
The Virtual Care team