# **TELUS Health EAP**

Support the wellbeing of your organization.

TELUS Health EAP is a convenient, flexible solution that helps your workforce be proactive about their health and wellbeing, while helping you increase overall productivity and attract and retain talent.



### Why TELUS Health EAP?

Establish your business as an innovator with a market-leading wellbeing solution that supports the health and wellbeing of your employees 24/7, in the way they prefer, at every stage of their journey.



#### Standard wellness features

Personalized newsfeed, wellbeing content, perks & savings, the total wellbeing index assessment, and self-directed digital programs to help with body, work, mind and relationships. Accessible through the mobile app, website and TELUS Health app on Microsoft Teams.



## Total wellbeing index with basic reporting

A health score that can provide guidance to employees on their next best steps. The TWI organizational report also offers employers insights into the strengths and risks of their teams.



#### Short-term counseling

Through online scheduling of an appointment with multi-disciplinary, culturally sensitive, master's level counselors available telephonic, video and in-person.



#### **Global clinical network**

Access to one of the largest global clinical networks of multidisciplinary, culturally sensitive, master's-level counselors.



#### Work/life solutions

Including family support services, legal and financial assistance support, health coaching, child and elder care, nutritional counseling, and more.





#### Community

An online global peer support platform where individuals can connect with like-minded individuals and trained peer supporters, and anonymously give and get support for the ups and downs of life.



#### 24/7 crisis support

Telephonic and on-site support for critical incidents(workplace violence, natural disasters, community trauma & more).



#### **Online scheduling**

Self-serve process to quickly and seamlessly book in-person, phone, and video appointments with a counsellor of choice.



#### Workplace training

Access bi-weekly webinars on pre-selected wellbeing topics, in addition to client-specific workplace learning options.



#### Management consultations

Confidential coaching on workplace issues or other issues that could interfere with individual/team performance.



### Program Reports and Strategy Portal

The Strategy Portal provides usage statistics and insights on key issues, while Program Reports show the impact and effectiveness of services and overall ROI.

Designed to be configurable and flexible, TELUS Health EAP meets you where you are in your health and wellbeing strategy today, and grows with you as your organization and wellbeing needs evolve.



Scan to learn more about TELUS Health EAP.

telushealth.com/eap

